



## Young Volunteers- Effective Frameworks

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# AGENDA

- Introductions
- Why do Young People Volunteer?
- The Benefits of volunteering?
- Royal Voluntary Service Framework
- Checklist
- Questions



# Royal Voluntary Service



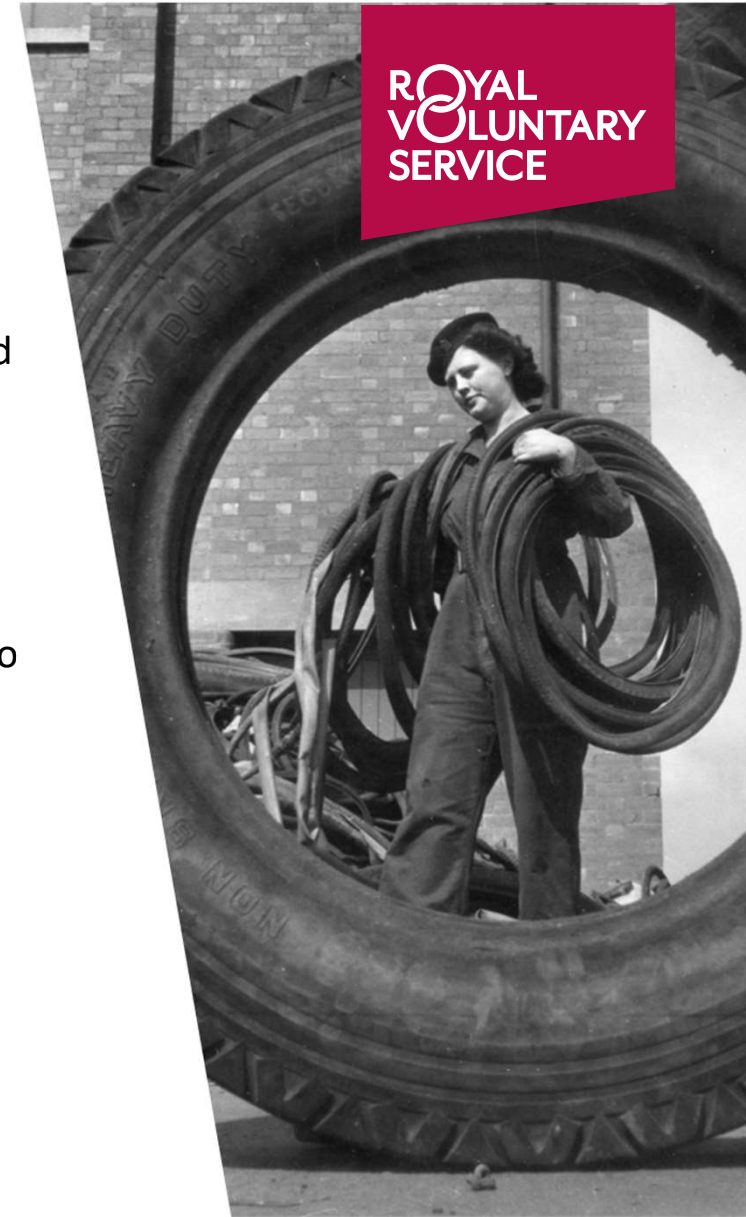
Royal Voluntary Service was founded on the outbreak of WWII to support communities throughout the hardships of war. Since then, we have remained the nation's volunteer force, at the heart of communities and the NHS, supporting vulnerable people with their health and wellbeing.



Now, 84 years on, our society is facing different challenges; aftermath of the pandemic, the cost-of-living crisis and the pressures the NHS continues to face. Our volunteers are at the forefront again, supporting the nation to protect vulnerable people and the NHS.



Volunteers are now recognised as an essential part of the health and care workforce and fundamental to Britain's community resilience. We believe that volunteering is pivotal in supporting communities to build back better, tackle health inequality and drive social mobility.



# Shaping The Future With Volunteering

**We believe volunteering can play a transformative role in creating the kind of society we all want to live in**

Many of the country's leading volunteer involving charities, have launched their shared commitment to support all communities across the UK to be dynamic and welcoming places for volunteering.

Volunteering can help address the biggest challenges that we face from COVID recovery to mental health to climate change.

We must and will continue to change and develop how we work and engage with all communities.

SHAPING  
the future with  
VOLUNTEERING

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# Shaping The Future With Volunteering

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NSPCC



## Why do Young People Volunteer?

There are a variety of reasons and motivations behind young people wanting to, or being attracted to, certain volunteer opportunities. They include, but are not limited to, the following key themes:



Time and commitment flexibility



Meet new people or engage with different backgrounds



They care about a particular 'cause' or societal issue



Improve their own health and wellbeing etc



Learn new skills and competencies for future careers



Tech enabled and/or facilitated



# VOLUNTEERING TO IMPROVE YOUR HEALTH AND WELLBEING

Internal Survey asking our own volunteers how volunteering has benefited them.

**94%**

said that volunteering with Royal Voluntary Service gives them a sense of purpose



**81%**

said that it improves their mental health and wellbeing



**52%**

said that it improves their physical health

**88%**

said that it brings them into contact with people from different backgrounds or cultures



**69%**

said that it gives them new skills and experiences



**89%**

said that it helps them to stay connected to their communities



**96%**

feel that they are making a difference by volunteering



# Young Volunteers at RVS

## 14-15 Years Old

- ✓ Service/Site Identifies Supervisor(s) for the Young Person
- ✓ Supervisor obtains DBS/PVG check for working with children
- ✓ Supervisor completes Level 1 or Level 2 of the latest Safeguarding Training
- ✓ Service/Site completes New & Young Person's Risk Assessment Forms (Site and Vol Specific)
- ✓ Service/Site is authorised to recruit
- ✓ Parental Consent

## 16-17 Years Old

- ✓ Service/Site completes New & Young Person's Risk Assessment Forms

## 18-25 Years Old

- ✓ Depending on the maturity or needs of the volunteer, the service/site may consider completing New & Young Person's Risk Assessment Forms
- ❖ Detailed list of suitable and appropriate roles and/or tasks that can be completed by a Young Volunteer

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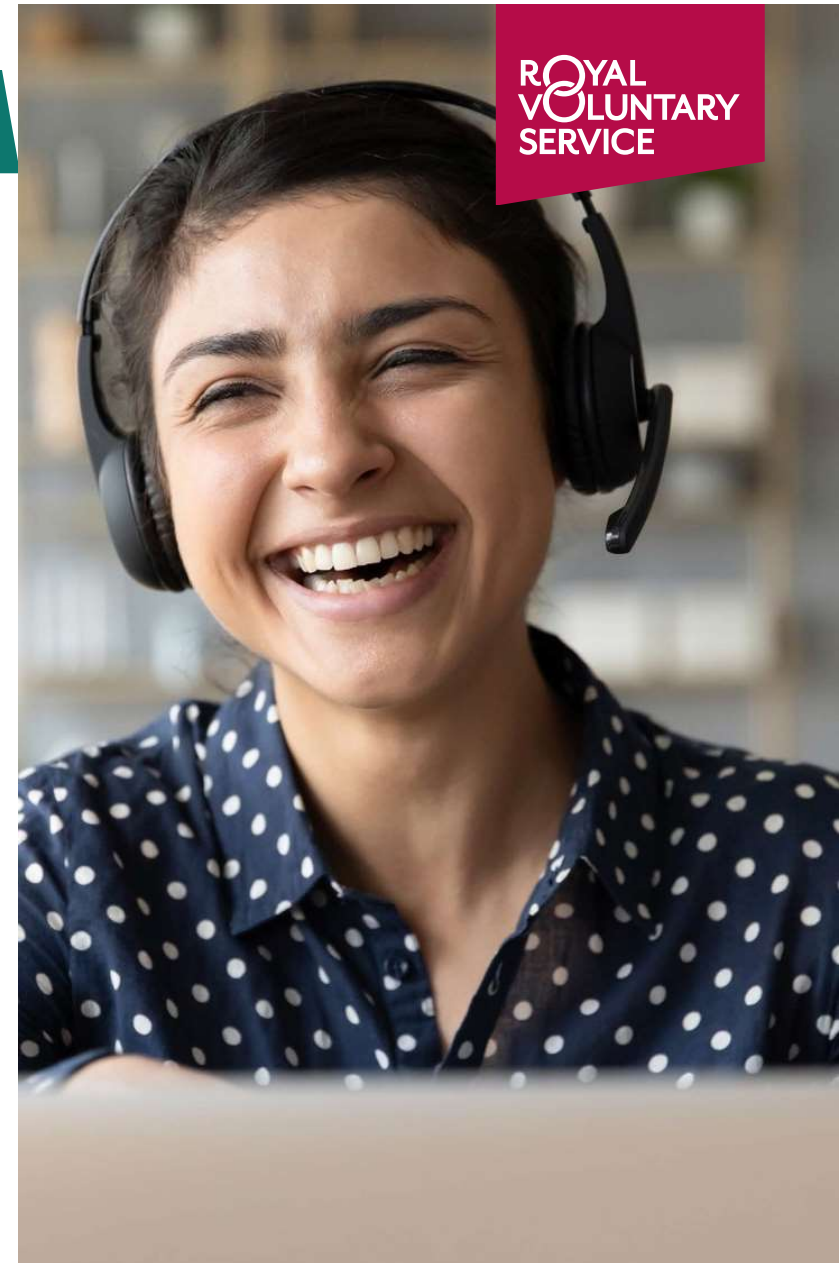




# NHS Care Volunteer Responders

## **NHS CARE** Volunteer Responders

- 18 Years + Assurance Framework differs depending on roles
- Flexible volunteering programme supporting the NHS and healthcare teams across England
- Digitally managed and facilitated through an app
- Remote based support and guidance
- Up to the volunteer when available to accept tasks



# Checklist

Appropriate and manageable frameworks in place to facilitate Young Volunteers:

- Suitable roles
- Law/Insurance
- Risk assessments
- Parental Consent
- Support
- Policies and Procedures

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## Checklist

Don't forget the added value and meaningful frameworks!

- How are you talking about your opportunities to Young People?
- Are your opportunities attractive and meaningful?
- Are young people involved in their design or development?
- Are they in charge of their own volunteering journey and commitment?
- How are you celebrating and recognising their impact?



*Thank  
you!*

Any questions?